## The Mystery of Spirituality



Many People are in a spiritual drought

- They're looking to find meaning
- People have all sorts of definitions of what spirituality is—it depends on who you ask
- World spirituality can be boiled down to this: They say, you aren't the only thing of importance in the world
- There is a higher order or higher awareness—the universe, or God of your own understanding
- They say that the idea of being able to tap into this higher awareness is reached by doing good for other people
- This is actually coming from the Tree of the Knowledge of Good and Evil
- They say this is what it takes to be spiritual; but it's really saying this is what it takes to be God

There were two trees in the Garden of Eden: The Tree of Life, and the Tree of the Knowledge of Good and Evil

- The difference between the two is God
  - The Tree of Life is fed by the Spirit of God
  - The Tree of the Knowledge of Good and d Evil is fed by the soul of man.
  - The Tree of Knowledge is the replacement for God—it's the choice God allows us to make:
    - To be fed by our soul, or be fed by our spirit

If you live by your soul, does that make you a spiritual person?

- God created you with an intellect—but does that make you any more spiritual?
- God's ways are higher than our ways
  - God's wisdom will always seem foolish to the lower logic of man
  - The logic of man will never create a pathway to spirituality

Your will is a vital part of your soul

- It gives you perseverance
- It fuels ambition and excellence
- It helps you overcome temptation
- It is also where we get stubbornness from
- It is not the will of God
- It carries out your opinion

God can use your will when it's aligned with His will—that alignment is spirituality

The mind, will and emotions are the three parts of the soul that make up who you are

Is there a way for the mind and the soul to work together?

## If our soul was a car:

- The mind would be the computerized dashboard
  - It gives you all the information you need to make decisions
- The will would be the engine
  - The emotions would be the steering wheel and the gas pedal
  - Emotions are how we express love and hate
  - They are the part we are most aware of
  - Controlling your emotions will not make you a spiritual person